

**Alpena Volunteer Center—Ropes Course      \$1600.00**

The Alpena Volunteer Center has maintained and facilitated numerous groups through the Ropes Course located on the north side of the Alpena Community College campus. The Ropes Course consists of a series of rope elements, cables, and obstacles strung between trees. Through following the obstacles and elements in the Ropes Course, participants are encouraged to communicate, cooperate, set goals, and work together as a cohesive unit; thereby enhancing teamwork skills that carry over into work, school or team settings. Groups are facilitated through the elements by certified, trained professionals. With the 2011 funding, the Alpena Volunteer Center was able to have the course inspected and ten new facilitators trained. The Ropes Course served 155 members of the community in 2011.



